



# Welcome to the Presentation on Recreation Centres for Senior Citizens in Delhi

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22.07.2005



# Recreation Centres for Sr. Citizens

## Topics of Presentation

- Purpose
- Services
- Present Status
- Challenges
- Stakeholders
- Role of Departments
- Suggested Modules
- Issues for Consideration



# Recreation Centres for Sr. Citizens

## Purpose

The purpose of setting up Recreation Centres for the Old Age Persons is to:

- ◆ Provide a platform for senior citizens to spend time with others in the same age group
- ◆ To give a sense of belonging for a unit specially meant for senior citizens
- ◆ To meet the recreational and emotional needs of senior citizens
- ◆ To make use of these centres to address other concerns related to senior citizens



# Recreation Centres for Sr. Citizens

## Services

- Friendly environment geared for the user profile
- TV/ Music System
- Newspapers/ Magazines
- Books
- Religious discourses
- Yoga and meditation sessions
- Health and nutrition awareness
- Geriatric care linkages
- Indoor games



# Recreation Centres for Sr. Citizens

## Present Status

- The Department has a plan scheme for 70 recreation centres in all assembly constituencies of Delhi .
- 34 centres set up by MCD.
- 2 centres set up by NDMC.
- 15 centres are currently functional.



# Recreation Centres for Sr. Citizens

## Challenges

- MCD not able to operationalize many of the centres (poor response from users/ locational problems).
- To operationalize those centres that are not operationalized and establish new centres.
- Modality of implementation to be user friendly/ participatory.



# Recreation Centres for Sr. Citizens

## **Stakeholders**

- Social Welfare Department
- Local bodies
- Health Department
- Senior Citizen's Association /RWAs
- Education Department
- Public Representatives





# Recreation Centres for Sr. Citizens

## Role of Departments

### Social Welfare Department

- **Setting of a core co-ordination committee and area wise committees involving stakeholders.**
- **Sensitization and mobilization of the beneficiaries in the scheme**
- **Co-ordinate necessary inputs for meeting health needs, recreational needs, yoga, meditation, bhajans etc.**

### Health Department

- **Organizing geriatric care facilities at the centre**
- **Organizing facilities in the hospitals for referrals**





# Recreation Centres for Sr. Citizens

## Role of Departments

### Education Department

- Promoting association of children with senior citizens through SUPW activities.
- Value Education
- Taking up yoga/ meditation activities

### Local bodies

- Providing space (community centre/ halls)
- Entering into tripartite agreement for centres created by local bodies



# Recreation Centres for Sr. Citizens

## Role of Departments

### Senior Citizens Associations / RWAs

- Forming representative bodies of senior citizens in all areas
- Help in identifying suitable locations
- Help in day to day management
- Organizing voluntary services ;
- Help in organizing infrastructure support (facilities) required for the centre
- Taking initiatives of organizing activities to make centre vibrant (picnics, talks, Kavya- Gosthi)



# Recreation Centres for Sr. Citizens

## Suggested Modules

- Government builds the centres and runs it directly with regular staff (NDMC model, few MCD enteres).
- Government constructs and transfers it management to Senior Citizens Association / RWA (few MCD centres).
- The RWA / Association offer space and runs centre through budgetary support from the Department.



# Recreation Centres for Sr. Citizens

## **Issues for Consideration**

- The spatial distribution of the recreation centre
- User profile
- Mechanism to assess viability of the location
- Nature of activities
- Facilities to be provided



# Recreation Centres for Sr. Citizens

## Issues for Consideration

- Manpower required
- Extent of citizen's participation and that of senior citizen association.
- Expected role of government
- The recurring and non-recurring costs involved
- Fee structure/ user charges



Suggestions on issues raised may be given at the following Add/e-mail

Director (Social Welfare)

GLNS Complex, Behind Ambedkar Stadium

Delhi Gate, Delhi

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For more information please visit :

<http://www.socialwelfare.delhigovt.nic.in>

**Courtesy:** Rashmi Singh Joint Director,  
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