Welcome to the Presentation on Recreation Centres for Senior Citizens in Delhi

Rashmi Singh
Joint Director,
Dept of Social Welfare
Govt. of NCT of Delhi

22.07.2005
Topics of Presentation

• Purpose
• Services
• Present Status
• Challenges
• Stakeholders
• Role of Departments
• Suggested Modules
• Issues for Consideration
Recreation Centres for Sr. Citizens

Purpose

The purpose of setting up Recreation Centres for the Old Age Persons is to:

- Provide a platform for senior citizens to spend time with others in the same age group
- To give a sense of belonging for a unit specially meant for senior citizens
- To meet the recreational and emotional needs of senior citizens
- To make use of these centres to address other concerns related to senior citizens
Services

• Friendly environment geared for the user profile
• TV/ Music System
• Newspapers/ Magazines
• Books
• Religious discourses
• Yoga and meditation sessions
• Health and nutrition awareness
• Geriatric care linkages
• Indoor games
Present Status

• The Department has a plan scheme for 70 recreation centres in all assembly constituencies of Delhi.

• 34 centres set up by MCD.

• 2 centres set up by NDMC.

• 15 centres are currently functional.
Challenges

• MCD not able to operationalize many of the centres (poor response from users/ locational problems).

• To operationalize those centres that are not operationalized and establish new centres.

• Modality of implementation to be user friendly/ participatory.
Stakeholders

- Social Welfare Department
- Local bodies
- Health Department
- Senior Citizen’s Association /RWAs
- Education Department
- Public Representatives
Role of Departments

Social Welfare Department
- Setting of a core co-ordination committee and area wise committees involving stakeholders.
- Sensitization and mobilization of the beneficiaries in the scheme
- Co-ordinate necessary inputs for meeting health needs, recreational needs, yoga, meditation, bhajans etc.

Health Department
- Organizing geriatric care facilities at the centre
- Organizing facilities in the hospitals for referrals
Role of Departments

**Education Department**
- Promoting association of children with senior citizens through SUPW activities.
- Value Education
- Taking up yoga/meditation activities

**Local bodies**
- Providing space (community centre/halls)
- Entering into tripartite agreement for centres created by local bodies
Role of Departments

Senior Citizens Associations / RWAs

• Forming representative bodies of senior citizens in all areas
• Help in identifying suitable locations
• Help in day to day management
• Organizing voluntary services
• Help in organizing infrastructure support (facilities) required for the centre
• Taking initiatives of organizing activities to make centre vibrant (picnics, talks, Kavya- Gosthi)
Suggested Modules

• Government builds the centres and runs it directly with regular staff (NDMC model, few MCD enters).

• Government constructs and transfers it management to Senior Citizens Association / RWA (few MCD centres).

• The RWA / Association offer space and runs centre through budgetary support from the Department.
Issues for Consideration

• The spatial distribution of the recreation centre

• User profile

• Mechanism to assess viability of the location

• Nature of activities

• Facilities to be provided
Issues for Consideration

• Manpower required

• Extent of citizen’s participation and that of senior citizen association.

• Expected role of government

• The recurring and non-recurring costs involved

• Fee structure/ user charges
Suggestions on issues raised may be given at the following Add/e-mail

Director (Social Welfare)
GLNS Complex, Behind Ambedkar Stadium
Delhi Gate, Delhi
Email: jddsw@hub.nic.in

For more information please visit:
http://www.socialwelfare.delhigovt.nic.in

Courtesy: Rashmi Singh Joint Director,
Dept of Social Welfare Govt. of NCT of Delhi